

*Instructions for making a (historically authentic) Cord of St. Thomas*

1. From the spool cut a length of cord 6 yards long.
2. Cut the 6 yard piece in half so you have two pieces 3 yards each.
3. Lay the two pieces side by side by side to create a “double cord”.
4. The knots are to be tied on this double cord starting from the center.
5. Please tie 15 Rosary knots no more than 1in apart (one knot in honor of each of the traditional mysteries of the Rosary).

-By “Rosary knot” I mean a knot made of three loops (one loop in honor of each person of the Trinity)

6. The final product is a double cord just over 70 inches long with 15 Rosary knots in the middle and two loose ends on each side.

Note: In order to accommodate various waist sizes out there (and yes, there are quite a few people in our society with waistlines over 60 inches), individuals will have to size the cord to themselves. At one end, in a spot that fits them, they will have to tie their own loop. They can then insert the other end through the loop like a belt buckle, tie it, cut off the excess and must finally either burn or knot the remaining loose ends to prevent unraveling. We use nylon, as opposed to linen, to avoid the molding of the cord over time.

This is the system we have come up with for mass production that takes into account the variety of waist sizes. If you find a better way to do it, please let me know.